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### LEADING FROM YOUR STRENGTHS OVERVIEW

The *Leading From Your Strengths* Profile is the key that will help you unlock the understanding of the unique strengths that you have.

After a quick and simple online assessment, a comprehensive, objective, personal and encouraging report is generated, which gives tremendous insight into natural strengths and how those strengths are operating in a person's life. The profile will specifically address an individual's natural strengths in the way he/she solves problems, processes information, manages change and faces risk.

The *Leading From Your Strengths* Profile will provide an abundance of information and just by reading the report, insights are gained into how one is naturally equipped, how one prefers to give and receive communication, and how one is naturally motivated according to the way natural strengths are applied in daily life. But there are many ways to gain even more from this profile.

Utilizing a combination of technology and solid behavioural research, this Ministry Insights profile is more comprehensive, accurate, and user-friendly than other behavioural profiles available. It is perfect for helping individuals and teams discover and understand their natural strengths and how they relate in their work environment and relationships. Using the profile, individuals and teams can help themselves and others recognize and understand their natural strengths, and make an action plan for improving relationships with each other.

The *Leading From Your Strengths* Profile is a 23-page report that is generated from an online assessment that is completed in approximately 8-10 minutes. Although quick and simple to complete, it will provide a sophisticated profile that includes the following sections:

- **Introduction** – detailed overview of the report contents.
- **The Scales** – explanation of the strengths scales and the measurements of their intensity in your Natural Strengths Chart.
- **Your Natural Strengths Chart** – graphical depiction of your natural strengths in four predictable areas; problem solving, processing information, managing change, facing risk.
- **General Characteristics** – general statements to provide a broad understanding of your strengths.
- **Value to the Team** – identifies specific talents and strengths that you bring to the team.

- **Checklist for Communicating** – list of things to DO when communicating with you.
- **Don'ts on Communicating** – list of statements in communication that may result in frustration or reduced performance.
- **Ideal Environment** – identifies the characteristics of your ideal environment based on your God-given natural strengths.
- **Keys to Motivating** – identifies what you may want or value to understand what motivates you.
- **Keys to Leading** – identifies needs to be met in order for you to perform at an optimum level.
- **Areas for Improvement** – lists possible natural limitations or tendencies.
- **Perceptions** – provides additional information on your self-perception and how others may perceive your actions.
- **Strengths Movement** – introduction and explanation of strengths movement and the Strengths Movement Chart, which illustrates how the current environment impacts your natural strengths.
- **Strengths Movement Chart** – graphical depiction of your natural strengths and your strengths movement in the four predictable areas.
- **How Are You Having to “Adapt”?** – list of descriptions of how you may feel you need to respond to your current environment to be accepted.
- **Natural and Adapted Style** – information related to the stress and pressure you may feel when you “adapt” your natural style to your current environment.
- **The Strengths Wheel** – explanation and graphical depiction to analyse and compare your team or group.

**Contact Karen Mace, Certified LFYS Trainer for your consultation or to find out more about the team-building discovery program.**